Back by popular demand, Michigan State University School of Social Work is holding the 9th Annual Great Lakes Summer Institute (GLSI), a professional development experience comprised of two-day, one-day, and half-day intensive workshops on a variety of current topics taught by experts in their fields.

Designed to blend meaningful learning with maximum relaxation, GLSI is held in beautiful Traverse City. Minutes from the famous Grand Traverse Bay, the Institute will be held at the Great Wolf Lodge where you can enjoy the premiere Elements Spa, play in Fort Mackenzie, splash around a four-story interactive waterpark, and choose any or all of three onsite dining experiences.

A special room rate is available to GLSI attendees until June 19, 2017, so register today! Come, relax and learn!

For more information, visit socialwork.msu.edu/ceu or call (517) 353-3060.

To make your hotel reservation, call: 1-866-954-9653.

Mention immediately upon talking to a reservationist that you are booking a room from the MSU Social Work room block and that your group number is 1707MSU.

Check in is at 4:00 PM; check out is at 11:00 AM. All guests arriving before 4:00 PM will be accommodated as rooms become available. Waterpark passes will be issued upon check in if your party wishes to use the waterpark before the overnight room is available. A $14.99 resort fee per room, per night applies.

Great Lakes Summer Institute customers needing a check out later than 11:00 AM must mention this when checking in. Additional fees may apply.

Reservations must be made using this information and be received by June 19, 2017. Reservation requests received after this date will be taken on a space available basis.

Family Suite Group Rate, includes 4 waterpark passes Dates: July 11–14, 2017 $139* Extra person charge beyond 4 people: $30 per person, per night

* Rates are per room, per night. Rates are subject to a 6% Michigan Sales Tax and a Local Assessment Tax.
Demystifying End-of-life Conversations, Practices, and Planning #4226

Talking about death often provokes discomfort, anxiety, and fear. This workshop provides an opportunity to explore issues surrounding one’s own death, including the business of death, funerals and rituals, and end-of-life conversations with family and friends. You will examine these components of death, enabling you to increase your comfort level in conversations with clients, to become better advocates, and to understand how the grief trajectory may be influenced by events that do or do not happen at the time of death.

- **Date:** Wednesday, July 12, 2017
- **Time:** Registration 7:30 AM • Program 8:00 AM – 11:15 AM
- **CECHs:** 3
- **CE faculty:** Susan Sefansky, LMSW, ACSW
Understanding Trauma #4228

Those in the helping professions inevitably encounter individuals who have experienced trauma. Providing effective services to those who have experienced trauma is dependent upon having a foundational understanding of trauma and its impact. In this workshop, you will explore the nature and impact of trauma across the lifespan in addition to a range of types of traumatic experiences. You will learn the elements of trauma-informed intervention at the individual, family, organizational, and community levels.

Date/time: Wednesday, July 12, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Cheryl Williams-Hecksel, LMSW, ACSW

Family Engagement and Treatment for the Adolescent Substance Abuse Client #4229

Unhealthy adolescent behaviors occur due to past experiences and often have roots in family systems or family dysfunction. In this workshop, you will discuss different levels of parent and family interaction in different phases of an adolescent’s treatment. An emphasis will be placed on how to negotiate the disclosure of information between adolescent and parents, ideas to assess and identify parental personal issues that impact the adolescent, an overarching philosophy of adolescent substance abuse therapy and ideas on how to present this to parents. In addition, you will learn techniques for parent/adolescent engagement in productive work once a philosophy and alliance have been built between therapist, adolescent, and parent.

Date: Wednesday, July 12, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Anthony Muller, MA, LPC, CAADC, CCS

Pain Management: Evidence-based Complementary and Alternative Medicine (CAM) Tools for Clinicians #4227

Effective management of pain is a major medical challenge in our country. According to the NIH, an estimated 11.2% of the U.S. adult population suffers from chronic pain. More people are seeking to integrate complementary and alternative medical approaches with traditional ones. Scientific evidence of the mind-body connection will be explored as well as evidence-based CAM therapies known to provide relief. This will be an interactive workshop that will provide resources and tools in relaxation, mindfulness, and biofeedback.

Date: Wednesday, July 12, 2017
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Julie Navarre, LMSW
Motivational Interviewing: Advanced Engagement Techniques and Strategies #4230

Motivational interviewing represents a foundation in building and establishing a therapeutic relationship. The application of techniques started with substance use issues; however, it has spread to many presenting problems and populations. In this workshop, you will learn skills applicable to establishing non-verbal rapport, including methods for advanced engagement.

Date: Wednesday, July 12, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Tom Moore, LMSW, LLP, CAADC, CC

Ending “Zero Tolerance”: The Pipeline to Student Success #4231

Over the past 25 years, the nature and culture of discipline in schools has changed significantly. Disciplinary policies are much more formal, with broad-based punishments affecting many students. Instead of looking at student behavior individually, taking into account circumstances of an event, the students involved, and the safety implications for the school, many have chosen “zero tolerance” policies that limit the ability to look at situations on a case-by-case basis and according to individual needs. “Zero tolerance” policy adoption has led to increased involvement of law enforcement, suspension, and expulsion rather than strategies for helping students succeed (Center on Youth Justice, 2013). In this workshop, you will explore the history and impacts of the zero tolerance policies in K-12 in Michigan, including prevention programs, interventions, and the implications of new legislation, HB 5618, to be adopted this upcoming fall.

Date: Thursday, July 13, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Kim Battjes, LMSW

Legal Writing for Non-lawyers #4232

Helping professionals are often asked to provide written documentation to courts on behalf of clients they serve. However, this is something that many helping professionals do not have training or experience creating. In this workshop, you will learn about what judges need when receiving evidence in the form of court reports and testimony. You will also learn about your role in the court process. You will learn about the three fundamental components of legal writing as well as practical strategies for effective writing for court purposes.

Date: Thursday, July 13, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Joe Kozakiewicz, JD, LMSW

Register for the above workshops by June 28 to receive a discount. Pricing available online.
Making Your Voice Heard: Strategies for Social Justice and Advocacy #4233

Do you often feel stuck working within systems that are broken? Today’s political climate is moving fast and the decisions that are made can significantly impact those you serve. This workshop is designed to demonstrate how to impact social justice/advocacy efforts on the larger scale. If you don’t like the system, change it! Learn how to leverage your personal organizational influence to impact social policy. In this interactive, non-partisan workshop you will practice advocacy right here, right now and become re-connected to your voice.

Please bring your devices (cell phones, laptops, etc.) because we will be teaching you where to find the most current information about your legislators.

Date: Thursday, July 13, 2017
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Jennifer Trotter, LMSW, and Shelly Vrsek, LMSW

Supporting Young Transgender and Gender Expansive Children and Their Parents #4234

In this workshop, you will learn working definitions of terms, including: Transgender, Gender Identity, Gender Expression, Intersex, Gender Nonconforming, Non-Binary, Intersex, the Continuum of Gender, Gender Transition, and Ally, with an emphasis on using affirming language and avoiding offensive terminology. You will examine multiple risk factors that impact transgender youth from a solution-focused lens, including family relationship dynamics, strategies to increase family support, and increasing parental capacity to support the transgender youth, and school connectedness. You will also learn about the specific concerns that apply to transgender children younger than age 13, including strategies for offering long-term guidance and psychoeducational support to parents. The gender transition process will be reviewed, including social, legal, and medical aspects, with an examination of the role of the helper.

Date: Thursday, July 13, 2017
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Susan Radzilowski, LMSW

Ethics for Social Workers and Substance Use Disorder Providers in the 21st Century #4235

With the advent of the Affordable Care Act, an emphasis on patient-centered medical and behavioral health homes and the emergence of integrated health care, social workers now experience increased interaction, complex team dynamics, and shared patient caseloads. The primary disciplines in behavioral health often adhere to their respective codes of ethics, either ignoring what occurred in patient interactions with other health care professionals, or perceiving all interactions through the lens of their respective code. The situation becomes even more complex with service providers often mandated to adhere to more than one code. Case study material will be utilized, with video clips presented from various health care disciplines and didactic material addressing both conceptual and practical levels.

Date: Thursday, July 13, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Tom Moore, LMSW, LLP, CAADC, CC
GREAT LAKES SUMMER INSTITUTE

Dialectical Behavioral Therapy Skills Training #4238

DBT is a multi-modal treatment. Although skills training is a single mode, it is by far the most popular mode of DBT. Many programs begin implementing this mode in the beginning of learning how to develop their DBT program. Perfect for support staff, those working on the front lines, and for direct care clinicians, this training will primarily focus on the concepts and the foundation of the DBT skills while at the same time helping those clinicians experienced in DBT expand their knowledge in them. You can also expect to learn how to structure and format a skills training group, understand the roles and functions of facilitators, begin to teach the concepts of the DBT skills, identify and confront specific therapy-destroying behaviors found in group, lead meaningful mindfulness exercises, and assign specific homework assignments to help strengthen skill generalization.

Date: Thursday–Friday, July 13–14, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM both days
CECHs: 12
CE faculty: Josh Smith, LMSW, BCD
The Big Picture: How You Fit Within the Michigan Court System #4239

Inevitably, there will be a time in your career when you will be required to interact with the court system. It is important for you to understand the court system and your role in interacting on behalf of those you serve. This workshop will provide an overview of the Michigan Court System, with specific focus on the different types of courts and judge’s authority within each court. From this, you will learn about the roles of the Family Division, Family Division referees, the Friend of the Court, and specialty courts. You will also learn about the training and ethical obligations of lawyers and judges to enable workers to understand the legal perspective involved in their work. Consideration of misperceptions of the court’s utility and the adversarial nature of our court system will also be discussed.

Date: Friday, July 14, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 11:15 AM
CECHs: 3
CE faculty: Joe Kozakiewicz, JD, LMSW

Human Trafficking: Identification and Advocacy #4240

Also known as modern-day slavery, human trafficking is the recruitment, transportation, harboring, or receipt of people for purposes of slavery, forced labor, and servitude. You will learn what precisely human trafficking is and how to identify it. Discussion will include the overlaps between human trafficking and domestic violence, sexual assault, and stalking; the scope and diversity of human trafficking in Michigan; the myths surrounding human trafficking; survivor and perpetrator case studies; and legal remedies available to survivors.

Date: Friday, July 14, 2017
Time: Registration 12:00 PM • Program 12:30 PM – 3:45 PM
CECHs: 3
CE faculty: Elizabeth Campbell, JD

Secondary Trauma and Self-care #4241

Secondary traumatic stress occurs because of exposure to the traumatic experiences of others. Professionals and other caregivers that are exposed to secondary traumatic stress can develop symptoms similar to post-traumatic stress disorder. This exposure results in adverse effects to the mind, brain, and body. In this workshop, you will learn about these adverse effects from a physical and emotional perspective. You will discuss concrete intervention models and strategies that promote reduced anxiety and a sense of well-being for both the client and the helper. You will also learn mindfulness techniques and the importance of self-compassion.

Date: Friday, July 14, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Annie Lange, BSN, LMSW, ACSW
Building Recovery Capital: A Strength-based Approach to Relapse Prevention #4242

In the past, the field of substance use disorder treatment has emphasized “relapse prevention strategies.” A relapse prevention approach has numerous limitations, including attempting to prevent a negative, not being a strength-based model, limiting evaluation of outcomes exclusively to abstinence, and being pejorative. This workshop focuses on working with individuals with chronic conditions, especially substance misuse, mental health, and medical conditions. You will learn about a strength-based model which emphasizes optimal functioning and consumer empowerment to make healthy choices, while still recognizing high-risk situations or problematic behavior. This model addresses William White’s, Tom McClellan’s, and Ed Wagner’s philosophies of care, focusing on an integrated care service delivery model.

Date: Friday, July 14, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Tom Moore, LMSW, LLP, CAADC, CC

The Impact of Attachment in the Treatment Process of Self-Harm and Suicide Ideation #4243

Often trauma is at the root of self-harm and/or suicide ideation, interrupting and sometimes even arresting the developmental process. In turn, attachment theory and secure attachment often moderate the impact of trauma. Clinicians can use attachment theory as the framework, paired with a carefully constructed attachment relationship with the client, to help reconstruct the client’s internal core beliefs. In this workshop, you will learn about how to use genuineness, acceptance, and empathy while wondering with interest about the client, following the client instead of leading, and creating a safe holding environment for the client. You will learn how this method offers a place and space for the client to find new internal resources and choose life and hope. You will learn strategies for suicide assessment and interview, the use of attachment theory in treatment of suicide ideation, and the practice of attachment-centered therapy principles.

Date: Friday, July 14, 2017
Time: Registration 7:30 AM • Program 8:00 AM – 3:45 PM
CECHs: 6
CE faculty: Victoria Fitton, PhD, LMSW, ACSW, RPT-S

Consider taking our On Demand Course Detection and Diagnosis of Substance Use Conditions. See our Online Catalog for more details: https://www.socialwork.msu.edu/CE/On-Demand/

Register for the above workshops by June 28 to receive a discount. Pricing available online.
About the GLSI faculty

Kim Battjes, LMSW, has been a social worker for 20+ years, mainly working with children and families. She has been a school social worker for 16 years. She currently serves as the MSU school social work consultant and interuniversity representative for the MSU School of Social Work non-credit School Social Work Competency Series and works in MSU’s Chance at Childhood Program.

Elizabeth Campbell, JD, is a clinical assistant professor of law in the Human Trafficking Clinic at the University of Michigan. She spearheaded a pilot project in partnership with Washtenaw County aimed at better responding to victims of human trafficking who are arrested and/or charged with prostitution and related offenses.

Victoria Fitton, PhD, LMSW, ACSW, RPT-S, is associate clinical professor and holds the Ruth Koehler Endowed Clinical Professorship in Children Services for the School of Social Work at Michigan State University where she teaches advanced clinical practice courses and child therapy at the graduate level.

Joe Kozakiewicz, JD, LMSW, is an aspiring minimalist. He holds bachelor’s, MSW, and law degrees. He also worked for Ottawa County’s Family Court as a Circuit Court referee and then as director of the Court before he became director of the MSU Chance at Childhood Program in 2003.

Annie Lange, BSN, LMSW, ACSW, has an active private practice with special interest in self-care, attachment, interpersonal neurobiology, and adoption issues. She also holds Advanced Trainer Certification in the Nurtured Heart Approach.

Tom Moore, LMSW, LLP, CAADC, CC, founded Two Moons LLC, a training and consulting organization, in 2014. Tom has master’s degrees in education (Indiana University) and psychology (Norwich University). He has been an instructor for Western Michigan University since 1986.

Cynthia Morgan, PhD, is currently in private practice. She has worked in a variety of other settings and as an assistant professor in the MSU College of Medicine, Department of Psychiatry. Her area of clinical specialization is in grief and loss, and she currently serves as a regional guide for the Love, Loss & Forgiveness Project.

Anthony Muller, MA, LPC, CAADC, CCS, has worked in the mental health and substance abuse field for 20 years. He is an experienced trainer with local, statewide, national, and international training experience. He currently works for Wedgewood Christian Services and is the director of clinical and business development.

Julie Navarre, LMSW, is the director of field education for the MSU School of Social Work. She has taught within the MSU School of Social Work in the practice, field education, human behavior, and the social environment sequences. She has 20 years of clinical and administrative experience.

Susan Radziowski, LMSW, currently serves as the lead social worker for the Detroit Institute for Children. She was a founding co-chair of the SE Michigan chapter of GLSEN (Gay, Lesbian, Straight, Education Network). She also served at the national level on the National Advisory Council.

Josh Smith, LMSW, BCD, is a licensed clinical social worker, co-owner/founder of DBT Center of Michigan, and sole owner of the DBT Center of Western Kentucky, and supervises clinicians in DBT. He is currently leading the training doing evidenced-based DBT for the First County Medical Examiner’s Office.

Susan Sefansky, LMSW, ACSW, works in the pediatric intensive care unit, pain clinic, and geriatric home care unit at U of M Hospital. She has also coordinated the Office of Decedent Affairs, assisting families during traumatic times, and works as social work program manager at the Wayne County Medical Examiner’s Office.

Jennifer Trotter, LMSW, has over 17 years of social work experience in child welfare programs. Jennifer has held positions in direct service, management, and senior leadership. She is a seasoned trainer in topics related to clinical social work, child welfare, and supervision/management.

Shelly Vrsek, LMSW, has clinical experience including leadership roles in family preservation, residential care, behavioral health, healthcare, and juvenile justice. Her macro practice includes leadership roles in quality, business intelligence, HIPAA/privacy, corporate compliance, risk management, policy development, program development, and proposal writing.

Bonnie Wheeler, MA, has specialty training in grief and loss, multicultural counseling, and treating sexual abuse survivors. She holds an Advanced Bereavement Facilitator Certificate from the American Academy of Bereavement, presenting frequently on expressive techniques used in grief and loss treatment.

Cheryl Williams-Hecksel, LMSW, ACSW, is on the faculty of the MSU School of Social Work. Prior to MSU, she has more than 20 years of clinical and administrative experience in public and private child welfare and mental health agencies. She is the coordinator of the School’s Evidence Based Trauma Treatment Certificate. She is involved in MSU’s work with the National Child Welfare Workforce Institute.

Comments from 2016 GLSI attendees...

“Fabulous presenter with cutting edge information.”
—Karen Baldwin

“Expanded my resources in clinical work, good ideas clearly presented.”
—Marc Murphy, Executive Director

“The information that was presented can be applied to real life and my job, the information was easy to follow and enjoyable.”
—Jalissa Huntley, FCE

“Fun and relaxing for myself and my family while learning great new information.”
—Denise Smith, LMSW Therapist

“Practical and useful info presented in nice balance of education and practice of skills.” —Mary Corrigan

“Excellent, relevant enlightening presentation, really glad I came.”
—Aimee Sterk, Program Manager